

Beavers My World Challenge Award

Find Out About And Take Part In An Act Of Worship, Reflection Or Celebration

RunDan Game[©]

By Samantha Eagle

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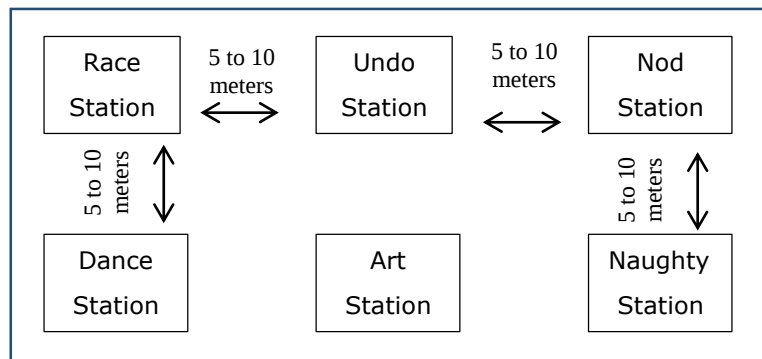
RunDan Game[©]

Overview

Fasting is the third pillar of Islam, specially observed during the 9th month of the Islamic Calendar called Ramadan. It is believed that fasting from food, drinks and unlawful acts allows a person to be remolded spiritually and have deeper devotion and self-control. It is an observance that involves a high level of discipline. To allow the children to appreciate Ramadan and the act of fasting, I've created a game called RunDan! Instead of the children actually fasting they will refrain from **talking** throughout the game (apart from in one small activity).

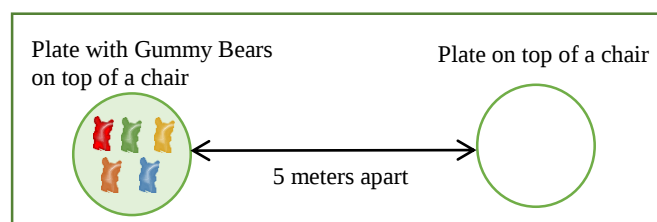
Preparation Before The Meeting

1. This game can be played outside preferably where there is shade. Alternatively you can play this at your meeting place
2. Print a copy of the "RunDan! Accomplishment Form" – found in this document – you need one for each team of two there are many on the same page
3. Print and cut out 1 copy of the "RunDan! Words" – found in this document
4. Layout of the playing area:



Materials Needed

- 1 copy of the 'RunDan Poster'
- 1 copy of 'RunDan' Accomplishment Form for each team of 2
- Pile of 'RunDan Words'
- Timer for each leader
 - Materials for the **Race Station**:
 - 1 sets of chopsticks
 - 2 plates
 - 2 chairs
 - Gummy bears (you need one for each child and have some spare)



- Materials for the **Undo Station**:
 - 1 pair of shoes with tightened laces
- Materials for the **Nod Station**:
 - 'RunDan! Words'
- Materials for the **Dance Station**:
 - 2 minutes Pop Music
- Materials for the **Art Station**:
 - White board/Chalk board and marker

Preparation at The Meeting

1. Pin up the 'RunDan' Poster

How to Run The game

1. Split the children into teams of 2
2. You will need to ideally have a leader/helper at each station but you can run it with two leaders or helpers, if this is the case one should stand at the **first** station and one at the **second** station you will just need to move stations when a team arrives and if there is no leader at the station the team will have to wait
3. The first team will go to station one and do the task while everyone is watching when they have finished they will move onto station two once that happens that next two children can start at station 1
4. If you have the luxury of a helper at each station then all teams can start at a station moving round until they have visited every station
5. The leader will record their points at each station
6. Once everyone has completed every task the leader will add up their total points and the winners will be announced.

Directions/ Leaders Speak

1. This speak assumes you have just gone through the previous activity...
2. **Speak** – As we observe Ramadan together we will familiarise ourselves by the lessons taught by this practice and appreciate it more, through a fun game called, RunDan!
3. **Speak** – Ramadan is where Muslims practice fasting every dawn until sunset. This means that they don't eat or talk a lot until the sun goes down. To understand what it feels like to abstain from something we are going to play this entire game without **TALKING** anyone that does talk will lose points for their team
4. **Action** – Hand out the 'RunDan! Accomplishment Form'
5. **Speak** – This is the 'RunDan! Accomplishment Form'. You are going to use this to record your points while playing the game
6. **Action** – Divide the children in teams of two
7. **Speak** – Your mission is to be help 'Dan' accomplish his tasks while you do this you will earn points

8. **Speak** – There are some rules while playing in order to make this game orderly.

Rule 1 – Be a sport. This activity is a friendly game, not a serious competition. Bear in mind that the essence of doing this game is for you to have fun while learning. That is why, whether you win or lose, as long as you learned something and you had fun, you are more than a winner.

Rule 2 – Be participative. This is a team game. Meaning, it requires everyone to participate and help in accomplishing tasks. Unity is one great factor in winning.

Rule 3 – The most important rule. Be silent throughout the game. Do not talk, unless you are required to do so. Ramadan is the month of fasting. And in this game, we are going to do fasting on the aspect of vocals. **Once a member of each group is heard talking while playing in a station, the station master will deduct a point from your team**

9. **Speak** – There will be six stations for the entire game, which you are going to visit. On each station, you will be required to do Dan's task in silence.

10. **Speak** – Here's an overview of what will be done at each station...

1 - Race Station – Each child has to transport 1 gummy bear using chopsticks

2 - Undo Station – Each child has to undo a shoelace

3 - Nod Station – The child will guess the food word by asking yes, no questions

4 - Dance Station – The children will be required to dance to the beat for 2 minutes

5 - Art Station – The children will draw a shape that is given to them.

6 - Naughty Station – Each child be given 5 scenarios and they have to say if it's right or wrong by using a smile or frown

Race Station

1. **Speak** – Good day kids! In this station, using chopsticks you need to transport Dan's gummy bears from one plate to another so that he could eat them after Ramadan. If you accidentally drop one gummy bear in the middle of transporting it, you are required to start over from the first plate
2. **Speak** – Remember to be silent in doing the task otherwise we will deduct a point from your team. Ready, Set, RunDan!
3. **Action** – Give the kids 2 minutes to do the task and award them two points if they transport the bear. Mark it on their 'Accomplishment Form' then get them to move to the next station.

Undo Station

1. **Speak** – Good day kids! In this station, you are required to silently undo a shoe!
2. **Action** – Show a pair of shoes to the team
3. **Speak** – Undo the laces of the pair of shoes as a team
4. **Speak** – Remember to be silent in doing the task because it might cost you a point. Ready, Set, RunDan!
5. **Action** – Give the kids 2 minutes to do the task and award them one point for undoing the lace

Nod Station

1. **Speak** – Good day kids! In this station, between the two of you, you are going to play guess the food
2. **Speak** – One child will be given a name of a food and the other one will ask questions answerable by yes or no

Here are the sample questions:

Is this food eaten during breakfast?
Is this brown?
Is this a drink?
Is this food, fried?
Is this a fruit?

3. **Speak** – After each question, you are required to answer him by a nod up and down for yes and a movement left to right for a no
4. **Speak** – Remember to be silent in doing the task. You have 2 minutes to guess the word and will gain 2 points for the correct guess. Ready, Set, RunDan!

Dance Station

1. **Speak** – Good day kids! In this station, you are going to dance and sway like a pro for 2 minutes to the beat of the music. Ready, Set, Run Dance!
2. **Action** – Play the music, and award a point to each child for a good dance

Art Station

1. **Speak** – Good day kids! In this station, you are going to draw as I tell
2. **Speak** – I am going to give you a white board marker, and I will tell a shape. You should draw this shape on the whiteboard silently then the next child in the team does the same

3. **Speak** – If I say a shape and you don't know how to draw it, just move your head sideways back and forth to signify confusion, and I would gladly change the shape for you.

RunDan! Shapes	
Triangle	Oval
Circle	Square
Diamond	Heart
Star	Rectangle
Pentagon	

4. **Speak** – Remember to be silent in doing the task because your team may lose points. Ready, Set, RunDan!
5. **Action** – Award them one point for the correct drawing

Naughty Station

1. **Speak** – Good day kids! This station will determine how nice or naughty you are. You will all accomplish this task by *smiling or frowning*
2. **Speak** – I will say scenarios of good or bad deeds to each of you and you should smile if it is a good deed, and frown if it is a bad deed
3. **Speak** – Remember to be silent in doing the task. Ready, Set, RunDan!
4. **Action** – Read 5 scenarios to each child and let them frown or smile. Each child will score 2 points if all 5 scenarios are correct. If the child is wrong their turn stops and the other child starts their turn

RunDan! Naughty or Not Scenarios	
Dan runs towards a little girl and bumps her intentionally to hurt her	Frown
Dan runs towards an old lady to help her carry her heavy baggage	Smile
Dan stole the snack of a little boy and ran away	Frown
Dan runs towards his teacher to greet her, "Good day, Miss!"	Smile
Dan goes home, runs pass his dad and did not greet him	Frown
Dan runs towards a woman who dropped her purse to give it back to her	Smile
Dan calls his sister a funny name, makes her cry, and runs away	Frown
Dan runs back and forth the house because he is swiping the floor clean	Smile
Dan runs away from house chores	Frown
Dan runs towards his sister to help her reach the cookie jar	Smile
Dan runs away from the store because he did not pay for the goods he took	Frown
Dan runs towards a stray puppy to pick it up and take care of it	Smile
Dan runs towards a stray dog and kicks it like a soccer ball	Frown
Dan runs towards rubbish in a park, picks it up, and puts it in the trash	Smile

Use this for the Art Station

Triangle	Oval
Circle	Square
Diamond	Heart
Star	Rectangle
Pentagon	

Use this for the Nod Station

Hotdog	Sugar	Apple
Ham	Eggs	Milk
Pie	Burger	Chocolate
Lollipop	Bread	Crisps
Carrot	Broccoli	Rice
Banana	Grape	Pineapple

Use this for the Naughty Station

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RunDan! Accomplishment Form

Team Name/Points	Race Station	Undo Station	Nod Station	Dance Station	Art Station	Naughty Station
				Total points		



RunDan! Accomplishment Form

Team Name/Points	Race Station	Undo Station	Nod Station	Dance Station	Art Station	Naughty Station
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Team Name/Points	Race Station	Undo Station	Nod Station	Dance Station	Art Station	Naughty Station
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RunDan! Accomplishment Form

Team Name/Points	Race Station	Undo Station	Nod Station	Dance Station	Art Station	Naughty Station
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READY...
SET...

RUNDAN



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